

Packing list for Fjord ski and snowshoe

Norwegian weather is famous for its variety. From hot to cold, from sun to rain and even snow (depending on how high up in the mountains you are), from a breeze to a storm. Be prepared for all of this, especially when doing outdoor activities.

Fjord Norway has a varied climate in winter depending on if you are at the Coast or more in the Fjords and higher up, and which month you travel. There can be temperatures from -15 °C to +5 °C.

Norwegians prefer woolen clothing above everything else (also because there are many comfortable items to buy here) rather than technical underwear because of the fact that wool isolates even when wet, and it doesn't smell so much. What we advise to bring:

- Woolen (or thermo) underwear (long johns)
- Woolen (or thermo) jersey (shirt with long sleeves)
- Woolen socks (thick ones), at least 2 pairs
- Thick fleece jacket or woolen sweater
- Thin sweater
- If you have: a thin down jacket (to have under your windproof jacket)
- Wind and waterproof trousers and jacket (ski pants and jacket if waterproof)
- Gloves/mittens (mittens will keep your hands warmer) preferably wind and waterproof, preferably 2 pairs
- Gaiters (if you have them)
- Woolen hat (that covers the ears)
- Buff or collar (to protect your neck or to cover your face)
- Day backpack (big enough for food, drinks, spare clothing), including straps to attach your skies/snowshoes
- Thermo bottle (preferably steel so it cannot break)
- Big lunch box
- Sunglasses
- Sun cream (high factor)
- Torch or headlight (if you have)
- Sports tape, blister plasters
- Toiletries and towel
- Photo camera
- Powerbank for your phone
- Avalanche equipment (depending on the type of tour, ask us)
- Waterproof hiking shoes/boots

- (warm) slippers for inside the cabin
- Comfortable clothing to wear in the cabin

It is a good idea to have several layers of clothes, with the woolen layer as close to your skin as possible. With several layers, it makes it easier to regulate your temperature if it's warm or cold.

In case of ski touring

- Skies
- Poles
- Skins
- Ski crampons

In the case of snowshoeing:

- Snowshoes
- Poles

Other interesting link: [Interesting facts about wool](#) / [Weather forecast in Norway](#)

In Norway, they have a saying: *'There is no such thing as bad weather, only bad clothing'*. Pack smart!